

# FIRST HOLY COMMUNION

## MORNING RETREAT SCHEDULE

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The purpose of this retreat is to come together for prayer, scripture, and crafts one last time before the children receive their First Holy Communion! We will also have a church tour, practice the songs from Mass, and practice receiving Holy Communion.

9:00am Welcome, distribute name tags

9:05am Opening prayer

9:20am Station #1: The Weight of the Mass

9:45am Station #2: Chalice and Host craft

10:10am Station #3: Last Supper Scripture and Activity

10:35am Video on how Communion Hosts are made

10:50am Snack and bathroom break

11:00am Church tour, Mass music practice, and closing prayer

12:00pm Dismissal

